

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nick Sfarnas

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:09:02

PACE 16:06/km

OVERALL 143 of 166

23 June 2019, Sun

Date

GENDER 70 of 78

50 - 59 8 of 11



Signature